



2017

Erdinger Alkoholfrei

Super League

Players Manual

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WELCOME

On behalf of the Indoor Beach Volleyball Federation of WA Inc. (IBVFWA), welcome to the 2016 Erdinger Alkoholfrei Super League.

We once again welcome our naming right sponsor of IBVFWA, and in particular the Super League Series, Erdinger Alkoholfrei. We look forward to all athletes supporting our sponsor as an alcohol-free alternative that supports the *Alcohol - Think Again* message promoted by Volleyball WA.

1. AIMS OF THE SERIES

The Indoor Beach Volleyball Super League has been created to realise the following goals:

1. Provide a competition environment for IBVFWA's elite level athletes.
2. To showcase indoor beach volleyball to audiences across WA and Australia.
3. To provide marketing opportunities for IBFWA's commercial partners.

2. CONTROL COMMITTEE AND STAFF

The Indoor Beach Volleyball Federation of W.A Inc. will have a Control Committee at each round.

The Control Committee will consist of the following appointed staff members:

- Tournament Director (Manager of home centre)
- Referee Delegate

These two staff members will be joined by:

- The managers of the 2 or 3 other centres in attendance.



The Control Committee is the highest authority for each Round. The Control Committee can use information supplied and available to them at their discretion to make decisions with regard to all aspects of the round, including but not limited to entries, seeding, competition format and player, coach and officials conduct.

The Control Committees decision is final.

If a protest is requested and then accepted (upheld), \$100 of the submission fee will be returned to the protester. If the protest is rejected (denied) the submission fee is not returned.

All players must contact their own Centre's Super League Coordinator/Management if they should have any disputes, questions, judiciary procedures or problems. The Tournament Director will not take any Super League players disputes directly, but will be available for consultation on process and procedure.

In addition to the Control Committee, an administrative coordinator will be present at each round. The administrative coordinator should be your point of contact for all queries relating to administration and compliance – including player registration & sign on sheets.



3. SERIES CALENDAR

Date: 6th May

Venues - **Malaga** Malaga, Joondalup, Ossie park
Bunbury Bunbury, Canning Vale, Mandurah, Fremantle

Date: 27th May

Venues - **Fremantle** Fremantle, Mandurah, Malaga
Canning Vale Canning Vale, Ossie park, Joondalup, Bunbury

Date: 17th June

Venues - **Canning Vale** Canning Vale, Ossie park, Mandurah
Joondalup Joondalup, Bunbury, Malaga, Fremantle

Date: 1st July

Venues - **Joondalup** Joondalup, Fremantle, Canning Vale
Bunbury Mandurah, Malaga, Ossie park, Bunbury

Date: 29th July (MEGA ROUND)

Venue - **Osborne Park** Ossie park, Joondalup, Malaga, Fremantle, Canning Vale, Mandurah
BYE Bunbury

Date: 19th August

Venue - **Fremantle (Finals)**



4. PLAYER REGISTRATION

All players competing in the 2017 Erdinger Alkoholfrei Super League are required to complete a registration form and medical form. The Erdinger Alkoholfrei Super League Series in 2017 will also require players

that register for an aged competition (35+ women and 35+ men) may be required to provide proof of age. All 35+ players must turn 35 before 31 December 2017 to be eligible to play in this age group. Forms are available from each centres Super League Coordinators or can be downloaded from the Federation Website. All players must also sign their playing sheets on the day and hand them to your centre's Super League coordinator each round.

4.1 COMPLIANCE

No points will be received for that round if 100% compliance of the team is not achieved.

4.2 TEAM ENTRY DEADLINE

Team registration must be made no later than the Thursday before each round. Exemptions may be made for unforeseen circumstances, this will be decided by the competition control committee. Queries regarding registration or compliance should be made to the administrative coordinator.

5. COMPETITION FORMATS

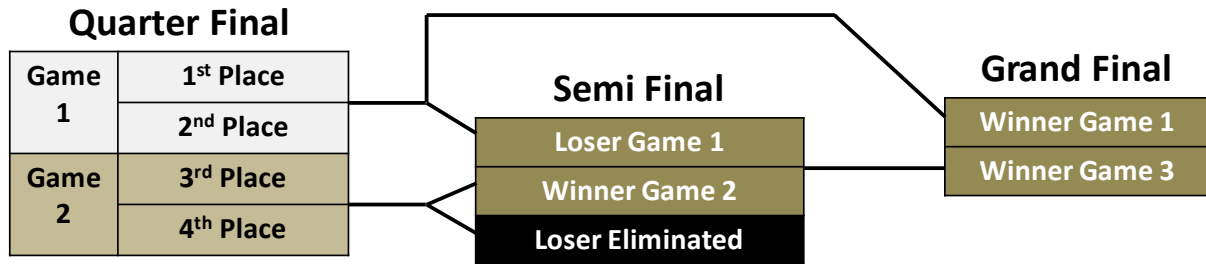
Preliminary Rounds 1-5 (including SUPER ROUND):

- Teams will play each opposition centre once per round.
- Each game consists of three (3) sets.
- Each game is forty-two minutes in total (3 x 14 minute sets)
- Teams shall change ends after each set



GRAND FINALS

Teams finishing positions 1-4 on the ladder in each division will qualify for the Grand Final Round to be held Fremantle on the 19th August. Each game is to be conducted over 3 - 14 minute sets. In the event of a draw 2 minutes will be added until there is a result.



6. TEAMS

Teams will be as follows:

- Mens - 6 Players
- Womens - 6 Players
- Mixed - 3 Women and 3 Men

Mixed teams cannot take the court with less than 2 (two) women and 2 (two) men & At no stage can there be more than 3 men on court.

No Player can play in more than one team per round, (one player, one team, one round). All players must have played in two full rounds (5 games) of the same division to qualify to play in the finals round. If a player qualifies for multiple teams, they are only permitted to play for 1 team for finals.



7. CAPTAINS

Refer to section 5 of the Indoor Beach Volleyball Handbook.

8. PLAYING UNIFORMS

All players are required to play in uniforms clearly identifying the centre they are representing. Identical playing shirts are required.

This can change at any time due to the discretion of the IBVFWA Board.

9. COMPETITION BALLS

The ball to be used during the 2017 Super League is the Volley Lite ball displaying the Erdinger Alkoholfrei Logo or balls authorised by the IBVFWA Inc.

10. RULES

Indoor Beach Volleyball Federation of W.A. Inc.

Super League Rules and Regulations (Amended April 2017)

11. REFEREE

There will be 1 referee per court who will oversee the game.

There will also be a referee delegate present at each round.



12. COURT SCHEDULING

Schedules for each round will be available from member centres, our website and Facebook page. They will be available no later than the Thursday 2 weeks prior to the event.

13. FORFEITS

Any team that does not report to the court on time for the commencement of the game will find itself in default and will forfeit the match. (Refer point 6.4 – Default and Incomplete team)

Each centre is required to advise the Administrative Coordinator of the teams entered for the season prior to their first round. Once these teams have been entered into the competition they are required to field a team in all preliminary rounds (including the SUPER ROUND). Failure to field a team will result in zero points being awarded to the forfeiting team.

14. FIRST AID SUPPLIES

A basic first aid kit is available from the Tournament Director. Ice is available from the front desk at all member centres. A defibrillator is also on hand for emergencies. All serious injuries require an injury report to be completed. These are available from the Tournament Director or administrative coordinator.

All other first aid supplies, such as strapping tape, are to be provided by players.



15. POLICIES

All IBVFWA policies can be found at: www.indoorbeachvolleyball.com/policies/ and will be implemented for the event.

- Alcohol Policy
- Anti-Harassment Policy
- Communication Policy
- Concussion Management Policy
- Diversity & Inclusion Policy
- Event Risk Management Plan
- Information Communication Technology Policy
- Misconduct Policy
- Member Protection Policy (including codes of conduct)

16. TERMS AND CONDITIONS

16.1 Players Responsibility

All players are responsible for being informed of all relevant information regarding events, including start times, locations etc. If you are unsure of the location or your starting time, please contact your Centre Coordinator, check the website or Facebook.

16.2 Grievance or Complaints

Any player with a legitimate complaint should communicate it to their centre's Super League Coordinator who will liaise with the Tournament Director.

If necessary, the Tournament Director will consult with the Competition Control Committee for a resolution. Under no circumstances will abusive actions towards staff or other competitors be tolerated.



16.3 Players Code of Behaviour

All players will abide in a sports person-like manner, in accordance with the IBVFWA Rules, the IBVFWA Members Protection Policy and Codes of Conduct

16.4 Theft of IBVFWA Equipment

IBVFWA has ZERO TOLERANCE on stealing. Any person to be found in possession of IBVFWA or member centre equipment without permission will face automatic suspension from future events.

We ask all players to respect IBVFWA and member centre equipment.

17. Entries

All centres are required to enter all divisions.

In a case where a team is not entered in a division, the centre at question must communicate this to the IBVFWA committee before the commencement of the season so a replacement team can be entered by another centre. Neither the centre in default or the centre replacing this team receive any overall leaderboard points for this team, they will however accumulate points in the given grade and will be eligible for finals.

Any centre that is found in default throughout the season may be disqualified from the tournament at the discretion of the IBVFWA committee.

18. TECHNICAL MEETING

There will be a technical meeting prior to the commencement of all rounds. This meeting will take place 45 minutes before the scheduled start time (time will be stated on the fixtures) of the first game and a representative of every team **MUST** be in attendance. The technical meeting is compulsory.



19. COMPETITION STRUCTURE

COMPETITION POINTS

- 4 points for win of a set, 2 for a draw, 1 for a loss.
- 1 bonus point for every 10 points scored.

20. CHAMPION CENTRE

Decided by overall points accumulated by all teams competing.

The overall champion centre will be awarded at the end of season awards (following all grand finals).

Finals day points do not contribute to champion centre leader board.

21. Finals MVP

MVP will be awarded to a player that features in the grand final (to be decided by the competition control committee).





INDOOR BEACH VOLLEYBALL FEDERATION OF W.A. INC.

INCIDENT MANAGEMENT

Stop, Talk, Observe, Prevent further injury (STOP)

Centre Managers, staff and tournament directors (staff) need to be able to respond to emergency situations. These can range from a minor injury to something more serious.

It is good practice for all staff to undertake first aid training, should a more serious incident occur.

Staff should:

- have access to a telephone to call an ambulance
- have information about the participants' medical history (especially for ongoing health issues such as asthma, epilepsy or diabetes)
- know how to access first aid equipment (blankets, first aid kit, ice, etc.)
- ideally, be able to administer basic first aid
- ensure an injury report form is completed.

STOP procedure

The STOP procedure helps staff to assess whether an injury may be severe and to determine whether the participant should continue with the activity.

S	Stop
T	Talk
O	Observe
P	Prevent further injury: <ol style="list-style-type: none">1 Severe injury: get help.2 Less severe injury: RICER (Rest, Ice, Compression, Elevation, Refer and record).3 Minor injury: play on.

Summary

STOP procedure: Stop, Talk, Observe and Prevent further injury.





INDOOR BEACH VOLLEYBALL FEDERATION OF W.A. INC.

INCIDENT MANAGEMENT

Rest, Ice, Compression, Elevate, Refer and record (RICER)

RICER regime

For management of sprains, strains, corks, bumps and bruises, follow this procedure:

What	How	Why
REST the participant	<ul style="list-style-type: none"> Remove the participant from the competition area using a method of transport that will prevent further damage. Place the participant in a comfortable position, preferably lying down. The injured part should be immobilised and supported. 	Further activity will increase bleeding and damage.
ICE applied to the injury	<p>The conventional methods are:</p> <ul style="list-style-type: none"> crushed ice in a wet towel/plastic bag immersion in icy water commercial cold pack wrapped in a wet towel. <p>Apply for 20 minutes every two hours for the first 48 hours.</p> <p>Caution:</p> <ul style="list-style-type: none"> Do not apply ice directly to skin, as ice burns can occur. Do not apply ice to people who are sensitive to cold or have circulatory problems. 	Ice decreases: <ul style="list-style-type: none"> swelling muscle spasm secondary damage to the injured area.
COMPRESSION applied to the injured area	Firmly apply an elastic compression bandage over a large area, covering the injured part as well as above and below the injury.	Compression reduces swelling and provides support for the injured part.
ELEVATE the injured area	Raise the injured area above the level of the heart whenever possible.	Elevation decreases bleeding, swelling and pain.
REFER and record	<ul style="list-style-type: none"> Refer to an appropriate healthcare professional for definitive diagnosis and continuing management. Record your observations, assessment and initial management before referral – send a copy of your records, with the participant, to the healthcare professional. 	To obtain an accurate definitive diagnosis and for continuing management (including anti-inflammatory medication) and prescription of a rehabilitation program.

Summary

RICER regime: Rest, Ice, Compression, Elevate, Refer and record.



INDOOR BEACH VOLLEYBALL FEDERATION OF W.A. INC.

Injury report form



Injury details: <i>This report reflects an accurate record of the injured person's reported symptoms of injury</i>		
Name of person injured:	DOB: / / (Day/Month/Year)	
Date when injury occurred: / /	Date when injury is evident: / /	
Person injured: <input type="checkbox"/> Player <input type="checkbox"/> Staff <input type="checkbox"/> Other:	Gender: <input type="checkbox"/> M <input type="checkbox"/> F	
Supervising Staff Member: _____ (Signature)	Witness: _____ (Signature)	
First aid provided by: _____ (Signature)	Time of first aid: :	Initial treatment: <input type="checkbox"/> No treatment required <input type="checkbox"/> CPR <input type="checkbox"/> RICER <input type="checkbox"/> Crutches <input type="checkbox"/> Sling/splint <input type="checkbox"/> Dressing <input type="checkbox"/> Strapping <input type="checkbox"/> Massage <input type="checkbox"/> Stretching
Nature of injury: <input type="checkbox"/> New injury <input type="checkbox"/> Aggravated injury <input type="checkbox"/> Recurrent injury <input type="checkbox"/> Other:		
Did the injury occur during... <input type="checkbox"/> Training <input type="checkbox"/> Event <input type="checkbox"/> Other:		
Symptoms of injury: <input type="checkbox"/> Blisters <input type="checkbox"/> Inflammation/swelling <input type="checkbox"/> Spinal injury <input type="checkbox"/> Bleeding nose <input type="checkbox"/> Cramp <input type="checkbox"/> Cardiac problem <input type="checkbox"/> Bruising/contusion <input type="checkbox"/> Suspected bone fracture/break <input type="checkbox"/> Electrical shock <input type="checkbox"/> Cut <input type="checkbox"/> Dislocation <input type="checkbox"/> Burn <input type="checkbox"/> Graze/abrasion <input type="checkbox"/> Concussion/head injury <input type="checkbox"/> Insect bite/sting <input type="checkbox"/> Sprain <input type="checkbox"/> Loss of consciousness <input type="checkbox"/> Poisoning <input type="checkbox"/> Strain <input type="checkbox"/> Respiratory problem <input type="checkbox"/> Other:		
Body part injured: 	How did the injury occur? <input type="checkbox"/> Collision with a fixed object <input type="checkbox"/> Overbalance <input type="checkbox"/> Collision/contact with another person <input type="checkbox"/> Overstretch <input type="checkbox"/> Fall from height/awkward landing <input type="checkbox"/> Slip/trip <input type="checkbox"/> Fall/stumble on same level <input type="checkbox"/> Other:	
Extra detail regarding how the injury occurred:		
Was protective equipment worn on the injured body part? <input type="checkbox"/> Yes <input type="checkbox"/> No		
Follow up action:	<input type="checkbox"/> None <input type="checkbox"/> Medical practitioner/physiotherapist <input type="checkbox"/> Hospital <input type="checkbox"/> Ambulance <input type="checkbox"/> Other:	
Signature of person completing form:	Date: / /	

Note: Coaches without medical training should refer all medical decisions to appropriately qualified persons. Do not attempt to 'diagnose' an injury. Users of this form are advised that medical information should be treated confidentially. In some states, additional legislation affects the management of health records. See www.austlii.edu.au for further information.

